

**Your Facility Name or Age Group Name Here
Preschool Activity Plan**

Week Of:

ACTIVITY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Whole Group Activity 9:00 – 9:20 4:30-4:45					
Small Group Activity (Completed during activity center times)					
Outdoor Activity 10:45-11:45 & 3:30-4:30					
Gross Motor Activity (indoors or outdoors)					
Independent Play/Activity Centers	7:00-9:00 / 9:20-10:30 / 2:30-3:30/4:45 to departure	7:00-9:00 / 9:20-10:30 / 2:30-3:30/4:45 to departure	7:00-9:00 / 9:20-10:30 / 2:30-3:30/4:45 to departure	7:00-9:00 / 9:20-10:30 / 2:30-3:30/4:45 to departure	7:00-9:00 / 9:20-10:30 / 2:30-3:30/4:45 to departure
Art/Free Expression					
Goal					
Manipulative/ Fine Motor Skills					
Goal					
Dramatic Play/Family Living					
Goal					
Blocks/Block Building					
Goal					
Books/Language Development/Computers					
Goal					
Music/Rhythm					
Goal					
Sand/Water/Sensory Play					
Goal					
Science/Nature					
Goal					

Arrival 7:00am Breakfast/Snack During AM centers **Lunch 12:00-12:30 Read Aloud 12:30-12:45; Naptime 1:00 – 2:30 Afternoon Snack** During pm center time **Restroom/Handwashing times-** Upon arrival, before/after all meals & snacks & messy activities, after outdoor play. Use restroom as needed throughout the day. 15 minute gaps are in schedule for restroom. **Departure 6:00 p.m.**
 Developmental Domains: Emotional & Social Development (ESD), Health & Physical Development (HPD), Approaches to Play & Learning (APL), Language Development & Communication (LDC), and Cognitive Development (CD). Optional - In Goal field, reference the Domain Abbreviation, then Goal Number and Indicator Letter, as listed in NC Foundations for Early Learning and Development.
 Example: ESD-1e. Minimum requirements for Sand/Water, Music/Rhythm and Science/Nature activities are to be offered weekly. ERS Assessments expect these to be offered daily at the 5-point level.