

Equipment and Material Suggestions for Children Ages 3 to 5

For Large Muscle Development

Tricycles
Multi-Size Balls
Bubble Blowing Materials
Swings

Low Slides
Boxes
Broomstick Horses
Balancing Boards

Bean Bags
Marching Music
Tumbling Pads

For Small Muscle Development

Pegs and Pegboard
Easy Puzzles
Ringboard with Washers
Buttoning/ Lacing/ Zippers

Geoboard with Rubber Bands
Different Sized Nuts and Bolts
Stringing Beads/String

Plastic Jars/Lids
Small Cubes/Blocks
Vinyl Picture Stick-ons

Intellectual/Language/Social/Emotional Development

Flannel Board with Pictures
Picture Sorting
Pictures
Storytelling
Variety of Musical Instruments
Magnets
Color Shade Cards
Sound Tubs
Shape Sorting Box

Sequence Cards
Puppets
Books with Records/Tapes
Toy House with Furniture
Magnifying Glass
Number Cards
See Through Color Frames
Scratch and Sniff Books

Picture/Match Game
Story Act Out
Word/Name Games
Toy Telephone
Sand and Water Area
Sorting Board, NumberCards
Variety of Smelling Things
Shape Stencils