# DAILY CHILD CARE HEALTH CHECK

**INSTRUCTIONS:**

Complete the daily health check when you greet each child and parent upon arrival. It usually takes less than a minute. Observe the child throughout the day and upon the child’s departure.

Greet the child and parent. Interact with both. Be on the child’s level.

- **Check and observe the child’s:**
  - Behavior
  - Physical Condition
    - Breathing
    - Skin
    - Eyes, nose, ears, and mouth

- **Talk with the parent about the child’s:**
  - Sleeping
  - Eating and drinking
  - Bowels and urinating
  - Mood and behavior at home
  - Unusual events

## CHART FOR DAILY HEALTH CHECKS:

<table>
<thead>
<tr>
<th>Day</th>
<th>AM</th>
<th>NOON</th>
<th>PM</th>
<th>BEHAVIOR CHECK</th>
<th>PHYSICAL CONDITION CHECK</th>
<th>TALK WITH PARENT</th>
<th>COMMENTS</th>
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<tbody>
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Additional Comments: