

Family Child Care Home Schedule

Children Arrive
(@ 7-9 a.m.)

Greeting
Routines*(feeding, diapering, sleeping)
Free choice of activities in play areas

Midmorning:
(around 10:00 a.m.)

Planned provider-directed activities
(younger children basic skills, older children planned activities)
Naps, other routines* met as needed
Outdoor time or vigorous indoor activities

Late a.m.:

Lunch (younger children fed earlier)
Nap (or free choice with babies/ toddlers)
Clean up after lunch
Routines* for infants/toddlers
Provider-directed activities for babies who are awake
Nap for older children

Early Afternoon:

Children get up from naps
Routines* for infants/toddler (diapering, feeding)
Snack for older children

Mid-Afternoon:

Outdoor time or vigorous indoor activities

Late Afternoon:

Free-choice activities in play areas
Routines* as needed
Clean up, prepare for home

*Routines such as diapering, feeding, toileting, sleeping etc... will be flexible
based on the needs of each child