

Your Facility Name or Age Group Name Here Activity Plan

Week Of:

ACTIVITY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Whole Group Activity					
Goal					
Small Group Activity (Completed during activity center times)					
Goal					
Outdoor Activity					
Goal					
Gross Motor Activity (indoors or outdoors)					
Goal					
Independent Play / Activity Centers					
Art/Free Expression					
Goal					
Manipulative/ Fine Motor Skills					
Goal					
Dramatic Play/Family Living					
Goal					
Blocks/Block Building					
Goal					
Books/Language Development/Computer					
Goal					
Music/Rhythm					
Goal					
Sand/Water/Sensory Play					
Goal					
Science/Nature					
Goal					

Developmental Domains: Emotional & Social Development (ESD), Health & Physical Development (HPD), Approaches to Play & Learning (APL), Language Development & Communication (LDC), and Cognitive Development (CD).

Optional: In Goal field, reference the Domain Abbreviation, then Goal Number and Indicator Letter, as listed on page 5 in NC Foundations for Early Learning and Development. Example: ESD-1e
Minimum requirements for Sand/Water, Music/Rhythm and Science/Nature activities are to be offered weekly. ERS Assessments expect these to be offered daily at the 5-point level.

Revised 12/17